

## **Judo Saskatchewan Athletes Code of Conduct**

### **A JUDO SASKATCHEWAN Athlete shall:**

1. Agree to abide by the rules, regulations, laws, and bylaws of Judo Saskatchewan, Judo Canada, IJF, Canada, any host countries, and host venues.
2. Avoid any behaviour which would cause unreasonable disruption or interference in competitions, training camps, or preparation of any athlete for a competition; (i.e. fighting, abusive or foul language, etc.)
3. Avoid theft or vandalism of any property, hotel rooms, dormitories, training facilities, and equipment. The athlete shall be held accountable for such actions and agrees to reimburse Judo Saskatchewan directly for any such damage.
4. Agree to be in their assigned quarters at the given time indicated by the attending head coach, and outside guests will be prohibited in athletes' quarters without the consent of the attending head coach.
5. Show respect to all people regardless of gender, colour, race, or creed.
6. Avoid use of banned substances.
7. Avoid substance use, whether alcohol, or drug abuse and the use and possession of illegal drugs.

### **Code of Ethics for Judo Saskatchewan Athlete**

#### **All Judo Saskatchewan Athletes shall:**

- a) Treat opponents, teammates and people with respect.
- b) Compete hard within the rules.
- c) Exercise self-control at all times.
- d) Respect the decisions of officials without gesture or argument.
- e) Show good sportsmanship by winning with humility and losing with dignity.
- f) Show that it is a privilege to represent their judo club, community, and province.
- g) Recognize the efforts of team-mates.

### **Code of Conduct on the Mat**

#### **All Judo Saskatchewan Athletes shall:**

- Shake hands with their opponent after the match;
- Not talk, not swear, and not make gesture to the opponent or the referee; and
- Leave the mat immediately after the match unless directed by the coach.

### **Roles and Responsibilities**

#### **Dress**

- Judo Saskatchewan team members must bring appropriate clothing for official functions and final banquet. Clothes should be neat and clean.
- During travel, all team members are asked to dress appropriately. i.e.: torn blue jeans, gym shorts are not suitable for travel.
- Judo Saskatchewan team members should wear their team track suits at the competition venue.

#### **Punctuality**

- All team members are expected to be on time for all scheduled events. i.e. training sessions, competitions, meetings, etc. For team coordination to work effectively, it is important for all members to be punctual.

### **Disciplinary Action**

#### **Immediate Action in the Event of a Misconduct**

There will be zero tolerance for serious misconduct and in the event of alleged misconduct that has or has the potential to have an adverse effect on others the following immediate action may be taken by the Head Coach: Withdrawn from tournament or camp regardless of placing. Returned home at their own expense. A letter will be forwarded to the Vice President listing the actions. For all other alleged misconduct a letter will be forwarded to the Vice President for review and action in accordance with the Judo Saskatchewan by-laws.