

Judo Saskatchewan Updates

Date: October, 2012

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the monthly update.

A) Ippons of the Week:

TOP IPPONS 2012

<http://www.youtube.com/watch?v=0KadQiJsgSA>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

2013 Selection Criteria: Kata & Grand Masters

Please find attached to this message the selection criteria for the Kata and Grand Masters Nationals.

2012 Quebec Open Selections

| | |
|--------------------|----------------------|
| Emily Schaan | Watrous/Saskatoon |
| Nicole Dyck | Watrous/Saskatoon |
| Jordan Poliakiwski | Lloydminster |
| Chelys Vallejo | Prince Albert |
| Warren Seib | Watrous/Lloydminster |

Abbotsford/BC Championships Selections:

| | |
|--------------------|---------------|
| Josh Guthrie | Prince Albert |
| Maxx Karaim | Regina YMCA |
| Aiden Skaf | Pense |
| Keegan Lund | Lloydminster |
| Travis McNeice | Pense |
| Eryn Langdon | Moose Jaw |
| Brette Poliakiwski | Lloydminster |
| Sydney Poliakiwski | Lloydminster |
| Josie Lehner | Prince Albert |
| Taryn Montgomery | Moose Jaw |
| Tallissa Edwards | Moose Jaw |
| Eden McPherson | Prince Albert |
| Kenadee Thompson | Regina |

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

C) Athletes / Coaches Corner

Competitive Coaches and Athletes

Jimmy Pedro – Grip Play Power Play (1min)

<http://www.youtube.com/watch?v=76c269wWMvg>

Jimmy Pedro – Judo Grip Fighting (1min)

<http://www.youtube.com/watch?v=KhG64OgyQVQ>

IMPORTANT:

Doping Control Website: <http://www.globaldro.com/ca-en/>

To find the status of any medication or other substance, consult the Global DRO.

D) Judo Interest:

Canadian Olympic Team Music Video: Sasha, Sergio, Anotine & Kelita

<http://www.youtube.com/watch?v=2Oh-PcnTAOE>

Ilias Iliadia Super-Star Highlights

<http://www.youtube.com/watch?v=rqBCSb-F6Xk>

E) Featured Match of the week:

100kg Gold Medal Match 2012 Olympics

<http://www.youtube.com/watch?v=GifBpkjIHrE&feature=relmfu>

F) Judo Saskatchewan NCCP

NCCP 1: Dojo Assistant – October 19-21, 2012 (Regina, Saskatchewan)

NCCP 2: Dojo Instructor – November 2-4, 2012 (Saskatoon, Saskatchewan)

Please contact Ewan Beaton if Interested:

beaton_judocan@yahoo.ca

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Schedule of Events October:

- 6-7, Quebec Open, Montreal, QC
- 13, Nage No Kata Clinic, Saskatoon Y, SK
- 20, Abbotsford BC Championships, Abbotsford, BC
- 19-21, NCCP Dojo Assistant Course, Regina, SK

Complete Schedule of Judo Saskatchewan Events:

<http://www.judosask.ca/events.html>