

Judo Saskatchewan Update

Date: December 2012

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the monthly update.

Ippons of the Week:

TOP IPPONS 2012 (4 min)

<http://www.youtube.com/watch?v=0KadQiJsgSA>

B) Judo Saskatchewan Updates:

Judo Sask. Website: www.judosask.ca

World Grand Masters Championships Results, November 8-11, 2012,

Miami, Florida, USA

1st 66kg Ralph Ibanez Saskatoon YMCA

2nd +78kg Chelys Vallejo Prince Albert Judo Club

NC 100kg Kim Schau Saskatoon YMCA

Sixty-three year old Ralph Ibanez from the Saskatoon YMCA Judo Club won his fourth World Title at the Master's level of competition. Ralph is a dedicated coach/athlete at the Saskatoon YMCA Judo Club training 3 times week judo training and coaches the youth program 2 days a week and he also dedicates another 3-4 fitness and strength trainings a week.

Thirty one year old Chelys Vallejo from Prince Albert won a silver medal in the +78kg M1-2 division at the World Grand Master Championships beating athletes from USA, Germany and Mongolia on her way to a 3-1 record. Chelys won the Canadian masters championships in Toronto last year and is an active member on the senior provincial team. Chelys also entered the Open age and weight division finishing 2nd winning 2 matches and losing one.

Forty-eight year old Kim Schau 2011 Canadian Masters silver medalist of Saskatoon lost two matches in the M-4 100kg weight division. He battle hard in both of his matches but was unable to come away with a victory.

<http://www.judocanada.org/2012/11/23/congratulations-to-canadian-master-judoka-who-attended-the-2012-ijf-world-masters-championships/>

University of Alberta Results, November 10, 2012

1st 73kg Senior Warren Seib Watrous/Lloydminster

1st 81kg Novice Ezra Lalonde Saskatoon YMCA

1st 66kg U15 Brandon Morrison Lloydminster

1st 90kg Masters Sean Morrison Lloydminster

1st 60kg U15 Josh Guthrie Prince Albert

2nd 48kg U18 Brette Poliakiwski Lloydminster

2nd 52kg U18 Sydney Poliakiwski Lloydminster

2nd +100kg Senior Blair Taylor Prince Albert

2nd +100kg Masters Blair Taylor Prince Albert

2nd 73kg Senior Marc Beausoliel Lloydminster

3rd 81kg Novice Colin Pitman Saskatoon YMCA

University of Manitoba Open Results, December 01, 2012

1st Sr. Advance - 73kg Warren Seib Watrous
1st Sr. Novice -60kg Mathew Pullar Avonhurst
1st Sr. Novice -66kg Travis McNeice Pense
1st Sr. Novice -81kg Ezra LaLonde Saskatoon YMCA
1st U18 -55kg Mathew Pullar Avonhurst
1st U18 81kg 1st Bryce Martindale Regina YMCA
1st U18 52kg Josie Lehner Saskatoon YMCA
1st U18 63kg Kenadee Thompson Regina YMCA
1st U15 46kg Jack Karaim Regina YMCA
1st U15 55kg Alex Li Regina YMCA
2nd Sr. Novice -66kg Tristan Hoffarth Vibank
2nd U18 60kg Max Karaim Regina YMCA
2nd U18 66kg Tristan Hoffarth Vibank
2nd U18 O90kg Jesse Stringer Vibank
2nd U15 60kg Josh Guthrie Prince Albert
3rd Sr. Advance 57kg Josie Lehner Saskatoon YMCA
3rd Sr. Advance 63kg K.Thompson Regina YMCA
3rd U18 Cole Manz 66kg Regina YMCA
3rd Sr. Novice 90kg Justin Filteau - Saskatoon YMCA
3rd Sr. Novice +100kg David Love - Saskatoon YMCA
3rd Sr. Advance - 100kg Blair Taylor Prince Albert

<http://www.judomanitoba.mb.ca/phpwcms/index.php?aid=77>

Judo Saskatchewan Grading – Watrous, November 18, 2012

Harry Heaton, Watrous Yondan
Chris Dornstauder, Regina YMCA Sandan
Darryl Potts, Watrous Nidan
Glen Miller, Watrous Nidan

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

C) Athletes / Coaches Corner

MAKEACHAMP.COM

Please look at this website and think about making a profile. We are always asking for ways to raise money for your judo expense well this website allows you to create an profile which can be sent to everyone you now. Makeachamp.com has created a website to help athletes with a way to making a donation to support and athlete easy for friends, family, co-workers and sponsors.

The website was created by David Ancor and Micheal Shpigelman who train at the national training center in Montreal and understand the need for an easy way for people to donate money to help support athletes.

Please look into this website - create a profile - share your story and dreams and then send the link to everyone. Athletes from around Canada and USA are raising money to support their training.....it is time for you to join this movement.

<http://makeachamp.com/>

I would suggest that you pick 2-4 times a year or 2-4 events that you need to raise money for and then send it out to all of your contacts. Donations can vary from very small to vary large.

Good Luck and I will be looking for your profile!

IMPORTANT:

Doping Control Website: <http://www.globaldro.com/ca-en/>

To find the status of any medication or other substance, consult the Global DRO.

D) Judo Interest:

Prince Albert Judo in the News:

<http://www.paherald.sk.ca/Sports/2012-11-14/article-3120496/Local-judo-athletes-earn-medals/1>

Six Pack for Success - USA Judo Coach, Jimmy Pedro

<http://tommyreddragon.blogspot.kr/2012/11/six-pack-for-success-usa-judo-coach.html>

E) Featured Match of the week:

2012 73kg Final Japan Grand Slam

http://www.youtube.com/watch?v=l_DCP1YW7q8

F) Judo Saskatchewan NCCP

NCCP Code of Ethics:

What is a Code of Ethics?

A code of ethics defines what is considered good and right behaviour. It reflects the values held by a group. These values are usually organized into a series of core principles that contain standards of behaviour expected of members while they perform their duties. It can also be used as a benchmark to assess whether certain behaviours are acceptable.

http://www.coach.ca/files/NCCP_Code_of_Ethics_2012_en.pdf

NCCP Homework

Coaches who have outstanding home work from any of the NCCP courses please provide me with this information anytime so we can review and finish your certification.

Please contact Ewan Beaton if Interested:

beaton_judocan@yahoo.ca

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Schedule of Events December:

- 15, Provincial Tournament, Watrous, SK
- 16, Team Training, Watrous, SK
- 28-30, Judo Sask Winter Camp, Watrous, SK

Complete Schedule of Judo Saskatchewan Events:

<http://www.judosask.ca/events.html>

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