

Judo Saskatchewan Updates



HAPPY NEW YEAR!

Date: January 2013

The Judo Saskatchewan updates are intended for all members of Judo Saskatchewan. Please forward these updates to club members and athletes that you feel can benefit from having a copy of the monthly update.

A) Ippons of the Week:

UCHI-MATA: THE THROW OF KINGS

<http://www.youtube.com/watch?v=wrisnu5n7Qo&feature=youtu.be>

B) Judo Saskatchewan Updates

Judo Sask. Website: www.judosask.ca

IMPORTANT REMINDER: 2013 EDMONTON INTERNATIONAL

Judo Saskatchewan will not be making arrangements for any athletes to attend this event. Athletes who wish to attend this event will have to make their own personal arrangements or have their judo club make the arrangements for them. Note: This is a pre-registration event

http://www.edmontonjudo.com/packages/2013/2013_Tournament_version_Dec_09.pdf

SHODAN PROMOTION:

Chelys Valljeo Prince Albert, December 29, 2012

Judo Saskatchewan Judo Products:

<http://www.judosask.ca/documents/JudoSK-Toraki-catalog.pdf>

C) Athletes / Coaches Corner

RULE CHANGES:

It is very important that everyone is aware of the new rules and what the impact it will have on their judo.

Please read carefully! Judo Canada has tentatively set a date of March 01, 2013 to start applying the New Rules.

IJF Rule Changes 2013

<http://www.intjudo.eu/News/cikk2388>

Refereeing & Organization Rules Changes - Explanations

<http://www.intjudo.eu/News/cikk2389>

MOROTE-SEOI-NAGE PBY SHINJI HOSOKAWA (8E DAN)

<http://www.alljudo.net/video-de-judo-3427.html>

DE-ASHI-BARAI AND TSUBAME-GAESHI BY SHINJI HOSOKAWA

<http://www.alljudo.net/video-de-judo-3468.html>

Both of these video clips are in French but there is no need to have translation when you watch how Mr. Hosokawa executes the techniques. The IJF has changed the competition rules in efforts to bring more ippons and more dynamic judo. It is important that all judoka in Canada take time to improve their technical skills and improve their abilities to teach effective judo techniques.

IMPORTANT:

Doping Control Website: <http://www.globaldro.com/ca-en/>

To find the status of any medication or other substance, consult the Global DRO.

D) Judo Interest:

Ralph Ibanez in the NEWS

<http://www.thestarphoenix.com/sports/Time+political+prisoner+strengthened+judo+master+resolve/7674594/story.html>

Neil Adams: Former Champ still at home on the Mat!

<http://thechronicleherald.ca/sports/232534-former-champ-still-at-home-on-the-mat>

E) Featured Match of the week:

KIM SUNG-MIN (KOR) - BONVOISIN (FRA)

<http://www.alljudo.net/video-de-judo-3463.html>

NEW IJF RULES KATA-GURUMA FOR IPPON

TAKATO (JPN) - ISHIKAWA (JPN)

<http://www.alljudo.net/video-de-judo-3454.html>

NEW IJF RULES KATA-GURUMA – DISQUALIFICATION

F) Judo Saskatchewan NCCP

NCCP Homework

Coaches who have outstanding home work from any of the NCCP courses please provide me with this information anytime so we can review and finish your certification.

Please contact Ewan Beaton if Interested:

beaton_judocan@yahoo.ca

G) Judo Saskatchewan Coming Events:

Judo Saskatchewan Schedule of Events January 2013:

- 19, Sask Open, Regina, SK
- 20, Team Training, Regina, SK

Complete Schedule of Judo Saskatchewan Events:

<http://www.judosask.ca/events.html>

SASK OPEN DEADLINE: SATURDAY - JANUARY 12, 2013

REGISTER NOW! THERE ARE LARGE TEAMS FROM B.C., ALBERTA AND MANITOBA ATTENDING!

<http://www.judosask.ca/events/2013SaskOpen.pdf>

