



2023 Canada Winter Games Judo Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) [Principles that Govern Technical Packages](#). As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games stakeholders, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games stakeholders early.

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2023 Canada Winter Games Judo Technical Package

1. SPORT: JUDO

2. PARTICIPANTS

2.1. Athletes

7 Males and 7 Females

All registered athletes must intend to compete in at least one event.

2.2. Staff

2 Coaches and 1 Manager

If female athletes are being sent, one of the coaches must be female.

If male athletes are being sent, one of the coaches must be male.

2.3. Additional Team Staff*

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have the same access as athletes and team staff.

- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play
 - Venue Pass Holder's venue access
 - Sport Operational Zone (Zone 2)
 - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Nursing Mothers Policy](#)
 - [Participant Assistant Policy](#)
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3. **CLASSIFICATION**

Athletes must be a minimum of 15 years of age and a maximum of 18 years of age as of December 31, 2023.

Year of birth: 2005 to 2008.

NOTE: This event is conducted in a non standard U19 age group. Tournament regulations of the 2022 Judo Canada Tournament Standards and Sanctioning policy will apply in regards to tournament regulations and weigh in protocol.

Please refer to Appendix 3 for Judo Canada's Age Dispensation Policy.

4. **ELIGIBILITY**

4.1. Athletes

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
 - Senior World Championships
 - Olympic Games
 - Pan American Games*
 - Commonwealth Games*

- FISU Games*

*If an athlete who is not carded has competed at a Commonwealth Games, Pan American Games, or FISU Games and meets all other eligibility requirements, they may be ruled eligible.

All competitors must be green belt or higher.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status for the first time, carding status or competes in an excluded event after November 20, 2022 they will still be considered eligible to compete at the 2023 Canada Games).

Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council's Eligibility Committee.

4.2. Coaches

All coaches (head and assistant) registered in the Canada Games electronic registration system must be certified under the National Coaching Certification Program (NCCP) Competition Stream, Development Context (certified status) in Judo.

Coaches must be so certified no later than 90 days prior to the opening ceremony (November 20, 2022).

Please note that "NCCP Competition-Development Certified, Not Renewed" does not qualify under the coaching standards for the 2023 Canada Winter Games.

Please refer to the CGC's [Coach Certification Policy](#) for additional information:

For more information on the coach certification pathway for Judo, please see Appendix 1.

5. COMPETITION

5.1. Competition Rules

5.1.1. IJF Rules will be applied unless otherwise noted in this technical package.

5.1.2. Hansoku make

5.1.2.1. Any competitor disqualified by direct hansoku-make for an action dangerous to the opponent or an action contradictory to the spirit of judo will not be eligible for repechage and will lose his/her standing.

5.1.2.2. A competitor disqualified by direct hansoku-make for any other reason, loses the match but can continue in the tournament.

5.1.3. Any competitor submitting by kiken-gachi (injury) will not be allowed to resume competition without permission from the medical officer appointed by the tournament organizing committee.

5.1.4. All competitors must have 2 sets of white and 2 sets of blue judogis; or 2 sets of reversible judogis.

5.1.5. Competitors must wear shoes or sandals while not on the mat.

5.1.6. Medal winners must wear their Provincial/Territorial uniform during medal presentations. No head covering of any kind is allowed on the podium; no display of flags or any other symbols is allowed on the podium.

5.1.7. Medalists who refuse to participate in the medal ceremony will be removed from the result list and will not place.

5.1.8. Coaches will be allowed in the vicinity of the mat as per the IJF rule and must wear the official Provincial/Territorial Team uniform.

5.1.9. Duration of a bout – 4 minutes.

5.2. Weight Categories

Male

up to 50 kg

more than 50 kg and up to 55 kg

more than 55 kg and up to 60 kg
more than 60 kg and up to 66 kg
more than 66 kg and up to 73 kg
more than 73 kg and up to 81 kg
more than 81

Female

up to 44 kg
more than 44 kg and up to 48 kg
more than 48 kg and up to 52 kg
more than 52 kg and up to 57 kg
more than 57 kg and up to 63 kg
more than 63 kg and up to 70 kg
more than 70 kg

Each Province/Territory can enter one or two competitor(s) per weight category providing that the maximum size of a team is no larger than 7 athletes.

5.3. Weigh-Ins

Competitors will weigh-in according to the published schedule of the event. Weigh-in will be conducted according to the 2022 edition of Judo Canada Tournament Standards and Sanctioning Policy.

Weigh-in for the team event: Competitors who competed in the individual event and are competing in the same weight division during the team event will have a 1 kg weight tolerance allowance. Competitors who for whatever reasons did not compete in the individual event will need to meet the exact weight specification.

See Appendix 4 for a tentative schedule.

5.4. Format

The 2023 Canada Games Judo competition will feature both an individual competition and a team competition.

Judo Canada Tournament Regulations for the U18 age group will apply at the 2023 Canada Winter Games.

5.4.1. Individual Competition:

In the individual competition, a maximum of 56 medals will be awarded for medal winners in 14 weight classes (1st, 2nd, 3rd and 3rd).

The individual competition will take place on the first two days of the judo tournament.

	Females	Males
Day one	-44kg; -48kg; -52kg	-50kg; -55kg; -60kg; -66kg
Day two	-57kg; -63kg; -70kg; +70kg	-73kg; -81kg; +81kg

The double elimination system of competition will be used for weight categories of 8 or more athletes, the 2 pool systems will be used for weight categories with 6/7 entries, and a round robin system will be used for weight categories with 5 or less entries.

When the Round Robin or Pool format is used the following Judo Specific points will determine ranking in the pools:

- 10 points for IPPON (or equivalent – fusen-gachi; kiken-gachi; hansokumake)
- 5 points for WAZA-ARI (or equivalent)
- i.e. individual win by ippon recorded as 1/10; win by wazari recorded as: 1/5.

No seeding will be applied.

NOTE: *In a pool tournament format, when an athlete is withdrawn (direct Hansoku-make) from the tournament, the future opponent(s) receive points for fusen gachi.*

5.4.2. Team Competition:

The team competition will feature teams composed of 6 weight classes:

Male teams : -55; -60; -66; -73; -81; +81

Female teams : -48; -52; -57; -63; -70; +70

A Provincial/Territorial team must have at least 4 judokas (i.e. male or female teams must have a minimum of *four* competitors) to enter the team tournament.

Each competitor is entitled to fight in his/her own weight category or in the next higher category.

In the team competition, 4 medals will be awarded for 1st, 2nd, and two 3rd (up to 28 individual medals per gender) for each member of the team placing 1st through 3rd (athletes of the Provincial/Territorial team who are not competing in the team tournament but are substitutes in their respective teams will also receive medals).

Men and women will compete as separate teams.

The team tournament will be conducted on the 4th day of the judo event, after a day of rest that will follow the individual tournament.

A Canadian Modified double elimination system of competition will be used. It will be based on the results of Provincial/Territorial athletes in the 2023 Canada Winter Games individual competition.

The Provincial/Territorial teams will be ranked. Rankings are based on a 6, 4, 3, 3, 1, 1 point system for 1st, 2nd, 3rd, 3rd, 5th and 5th respectively in the individual competition.

As per Judo Canada Tournament policy, teams ranked #1 & #4 will be seeded in pool A as A1 and A2 respectively, and teams ranked #2 & #3 will be seeded in pool B as B1 and B2 respectively. The other participating teams will be assigned to pool A or B by a random draw.

In case of a tie in the ranking points, the following steps will be used in consecutive order to break the tie and determine seed position:

- Number of individual gold medals won
- Number of individual silver medals won
- Number of individual bronze medals won
- Number of individual wins within the teams tied
- Number of individual wins by ippon within the teams tied
- Number of individual wins by wazari
- Etc.

Only teams that have a theoretical chance to win a dual meet will be allowed into the team dual meet competition (i.e. male or female teams must have a minimum of *four* competitors).

All contested bouts must be decided. If at the end of the regulation time the score is tie, the bout continues as per the Golden Score regulation.

For each individual win within a dual meet contest, the winner receives one point. Judo specific points for a quality win are recorded. For a win by Fusen Gachi one point and 10 judo specific points are awarded.

After all the bouts in the dual meet contest are concluded, the team that accumulated the higher number of points wins.

5.5. Team Event Points

Scoring during team will follow the following protocol:

- 1 point for each individual win by the athlete of the team.
- Additional Judo Specific points to consider:
 - 10 points for IPPON (or equivalent – fusen-gachi; kiken-gachi; hansokumake)
 - 5 points for WAZA-ARI (or equivalent)
- i.e. individual win by ippon recorded as 1/10; win by wazari recorded as: 1/5.

6. TIE BREAKING RULES - COMPETITION

6.1. Individual Competition:

According to Judo rules, no match can end in a tie in individual competition.

In case of a tie in a **Pool or Round Robin:**

- In a tie between three athletes, a Round Robin will take place between those athletes using a tie breaker round robin. In such a case, the “golden score” sudden death rule from the beginning of each bout will be applied.
- In case the tie persists, the following tie-breaking criteria will apply (**IMPORTANT** - the time of each bout must be correctly recorded):
 1. The tournament director will decide whether the competition schedule allows conducting this competition for the third time (i.e. minimum time required in a pool of 3 competitors is 45 minutes).
 2. In case the tie persists after the second round (or third if such was conducted), the total time of bouts won in the competition, by each of the participants, will be added. The judoka with the shortest total time of bouts won will place first; the judoka with the second shortest time will place second; etc.
 3. In case the tie persists after step 2, the weight of the competitors recorded during the official weigh-in will determine their placing. The lightest will place first, second lightest second; etc.
 4. In case the tie persists, the Technical Committee designate will make a decision on further action.

6.2 Team Competition

In case of a tie in the number of wins, the total of judo specific points for a quality of win will decide a winner. In case the judo points are also tied, one bout will be repeated and decide on the outcome of the dual meet. The choice of the bout will be done by a random draw from among all weight categories. The additional bout will start as a golden score.

7. **REGISTRATION & EVENT ENTRIES**

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (February 4, 2023).

All team lists of athletes and coaches must be submitted to Judo Canada one month prior to the Opening Ceremony of the CWG (January 18, 2023) for verification of eligibility.

7.2. Event Entry Deadline

Event entries for each participant will be confirmed at the Coach/Manager meeting held prior to the first event.

8. **SPORT SCORING POINTS**

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the following criteria:

8.1. Individual Events

- Athletes will be ranked from first through last place
- Each event (each weight category) will be scored separately
- Sport scoring points will be awarded based on the chart below

Placing	Points
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1st	7
2nd	6
3rd	5

8.2. Team Events

- Teams that participated in the team event will receive points according to their placement providing that each placing was accomplished with a won dual meet
- If a placement is achieved without winning a dual meet, the placement will not be shared
 - For example, if one team placing in 7th earned that standing with a win in a preliminary round, while the other one placed without winning a dual meet, in such case the team who won a dual meet will receive points for 7th place, while the other will receive points for 8th place. Teams placing in positions 9 to 13 will share points according to the same process as described above.
 - In case teams are not able to compete in the team dual meet competition, due to inadequate number of athletes, such teams will receive points for last place. In case more than one team cannot compete, points for placing last will be added together and shared equally between the tied teams.
- Sport scoring points will be awarded based on the charts below

Placing	Number of teams
1st (Gold)	1
2nd (Silver)	1
3rd (Bronze)	2
5th	2
7th	2
9th	Up to 5

Placing	Points	Placing	Points	Placing	Points
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1st	20	6th	7	11th	2
2nd	15	7th	6	12th	1.5
3rd	11	8th	5	13th	1
4th	9	9th	4		
5th	8	10th	3		

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Judo, Flag Points will be awarded separately for female and male events based on the total of sport scoring points awarded.

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	10	6th	5	11th	1.5
2nd	9	7th	4	12th	1
3rd	8	8th	3	13th	0.5
4th	7	9th	2.5		
5th	6	10th	2		

10. TIE BREAKING RULES - FLAG POINTS

- 10.1. If a tie occurs in the final Provincial/Territorial team standings, the Province/Territory with the greater number of event first places will be assigned the higher rank; if the tie persists, the procedure is repeated for event second places, then third places, etc.
- 10.2. If the tie persists, the Province/Territory with the higher standing in the team event - last event completed will be assigned the higher rank. If necessary, the procedure is repeated for the second last event completed and the third last, etc.

11. MEDALS

The Canada Games will award medals to athletes only.

Team	Gold: 14	Silver: 14	Bronze: 28
Individual	Gold: 14	Silver: 14	Bronze: 28

12. COMPETITION UNIFORM

White and blue judogis are required as per Judo Canada Tournament Standards and Sanctioning Policy.

Provincial/Territorial team colours must be worn by medal winners for awards presentations. Additional information on each Provincial/Territorial team’s colours can be found in Appendix C of the CGC’s [P/T Team Uniform and Sponsorship Policy](#).

13. EQUIPMENT

n/a

14. PROTEST & APPEALS

14.1. [Canada Games Council Appeal Policy](#)

Appeals relating to the Judo Technical Package or any decisions made by the CGC will be made in accordance with the CGC’s [Appeal Policy](#).



14.2. Competition Protests

There is no protest policy on competition results in judo.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines
- APPENDIX 3 - Age Dispensation
- APPENDIX 4 - Tentative Schedule

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS

Coaches are directed to

http://www.judocanada.org/wp-content/uploads/2011/05/OVERVIEW-TRAINING-EVALUATION-COMPDev_EN1_1page.pdf for comprehensive information on coach certification and the certification pathway.

APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Training to Compete phase of LTD. These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

U18 and U16 recommended training/performance standards from Judo Canada:

U16	U18
Provincial – Regional Center Minimum 44 weeks/year Technical Development Competition - Minimum 8x year / or 40 bouts Coordination Speed Endurance Intro to Tactical Training Mental Training Cross Training - Minimum 3x week Judo 4x week minimum Healthy Life Style	Regional – National Center Minimum 48 weeks/year Tactical / Physical / Technical Training Competition - Minimum 8x year Speed Endurance Strength Endurance Social Interactions Mental Training incorporated into regular judo practice Cross Training - Minimum 3x week Judo 4x week minimum Healthy Life Style

APPENDIX 3 - AGE DISPENSATION

To allow young but exceptionally mature athletes to gain an adequate competitive experience, Judo Canada will apply an early bloomer clause in cases when Provincial/Territorial associations nominate athletes younger than born in 2008. Such Provincial/Territorial nominations must be accompanied by the nominee's competitive history in Judo Canada's sanctioned tournaments and will be subject to approval on a case-by-case basis by Judo Canada's designated Sport Committee.

All team lists of athletes and coaches must be submitted to Judo Canada one month prior to the Opening Ceremony of the CWG (January 18, 2023) for verification of eligibility.

See Judo Canada's Early Bloomer clause at the following link:

<https://www.judocanada.org/tournament/>

APPENDIX 4 - TENTATIVE SCHEDULE

	Day 0	Day 1		Day 2		Day 3		Day 4	
Time		Mat 1 Men	Mat 2 Women	Mat 1 Men	Mat 2 Women	Mat 1 Men	Mat 2 Women	Mat 1	Mat 2
09:00	Training Day							Team Men Round 1 & 2 (if necessary)	Team Women Round 1 & 2 (if necessary)
10:00		50kg 55kg 60kg 66kg	44kg 48kg 52kg	73kg 81kg +81kg	57kg 63kg 70kg +70kg	Training / Rest Day		Semi A Women	Semi B Women
13:00		Bronze & Gold medal bouts		Bronze & Gold medal bouts				Semi A Men	Semi B Men
17:00		Medal Presentations Doping Control		Medal Presentations Doping Control				Bronze A Woman	Bronze B Women
18:00	Technical Meeting and individual events draws							Final Women	
19:30 - 20:30	Official WEIGH IN For individual tournament for weight divisions of day 1	Official WEIGH IN For individual tournament for weight divisions of day 2				WEIGH IN For team competition – team by team Draw for Team Event		Bronze A men	Bronze B Men
								Final Men	
								Medal Presentation & Doping Control	