



## WORLD SILVER MEDALIST TOMMY MACIAS

## 2024 Judo Sask Summer Camp Guest Coach

World Silver Medalist -73kgs
5x Grand Slam Medalist
4x IJF World Tour Gold
European Champion
2020 Tokyo Olympian
Former Head Coach of Denmark

Judo Sask Summer camp is a week long training camp for Judoka 9 years of age and above who hold the rank of at least Yellow Belt.

Full Camp Schedule will be released soon but there will be 5 Full days of Judo, team building, sport specific and non-sport specific training activities and sessions and most importantly **FUN** memories that will last a lifetime!

All food will be provided by the LCBI cooking staff, accommodations are included at LCBI.

## What to bring:

At Least 2 Judogi Training Snacks Spending Money Swim wear Pillow Judo Belt
Gym Clothes
Toiletries
Games
Sleeping Bag

Water bottle Running Shoes Towels Daily clothes Tape, braces





