

# Coach Retreat 2025

## Schedule

### Friday September 5th

Presentations by

Kim Bergey-Kaip 5:30pm-6pm

Josh Hagen 6pm-6:30pm

Time for questions

### Saturday September 6th

Warren Seib 9:30am-10am

On the mats 10 - 11:30

Lunch 11:30am-1:30pm (we will be providing lunch)

On the Mats 1:30-3:30

Dareth Woods 3:30pm-4pm

Kate Schneider 4pm-4:30pm

Activate Regina 7pm for any that want to attend we will be covering the cost

### Sunday September 7th

Rob Karaim 9:30am-10am

Dale Berglund 10am-10:30am

John Renouf 10:30am-11am

Please pack a judogi for the on mat time on Saturday  
Please pack running shoes and clothes you can move in  
for activate (we aren't running marathons or anything but  
you throw balls etc like interactive games)

We will be providing lunch on the Saturday, evening  
dinners will be your responsibility but we hope to be able  
to gather as a group