

Early Registration is now open until Dec. 15, 2024. Cost is \$150 per Athlete.

January 2, 3 & 4, 2025 • Location: Imperial School, 416 Queen St., Imperial, SK
Head Coach: Josh Hagen, High Performance Coach & Director of Development

Guest Coach: Kouga Kagei (4th Dan) Judo BC Sport Development Coordinator & Assistant
Provincial Coach

Former top national competitor with Top 5 finishes at the All Japan Championships (2018, -90kg)
and Japanese University Championships (2021, -90kg).

Graduate of Juntendo University (B.A. Sport & Health Science) and former member of its elite Judo
Team.

Coaching experience includes Shidokan Judo Team and Juntendo University Judo Team.

Kouga's philosophy emphasizes technical excellence, independent thinking, and athlete
development on and off the mat.

Arrival Time: 5:00 – 5:45 PM on Friday, January 3rd, 2025

Departure Time: 12:00 PM on Sunday, January 4th, 2025

Registration Fee: \$150 if you register before December 15th, 2024

\$175 after December. 15th and before December. 27th, 2024

\$75 single day (Single day registration open December 15th - December 27th, 2024)

Minimum Age: 8 years old

Minimum Rank: Yellow belt

Member in good standing with your provincial association

All Meals Provided:

Friday: Supper and Snack

Saturday: Breakfast, Lunch, Supper, and snacks.

Sunday: Breakfast and Lunch

Accommodation

This camp is designed as an overnight experience; however, staying at the venue is optional.

If you plan to attend but have your own sleeping arrangements, please email Dareth Woods at
pdchari@judosask.ca before the start of camp.

What to Bring

Judogi (bring more than one if possible), Judo belt, water bottle, running shoes, training snacks, tape
and other sports supplies, gym clothes, toiletries, spending money, sleeping bag, pillow, and towel.

Note: The overnight stay is optional.