



THE WESTERN CANADIAN KATA CHAMPIONSHIP

SANCTION: "A" Sanctioned by Judo Canada and Judo Saskatchewan

CLINIC DATE: Judo Saskatchewan will host a kata clinic on Friday January 23, 2026 at the Regina Y Judo Club, **1256 Cornwall Street, Regina, SK**

TOURNAMENT DATE: Saturday January 24, 2026

VENUE: **Regina Sportsplex** (Fieldhouse), 1717 Elphinstone Street, Regina, SK

KATA TOURNAMENT DIRECTOR: Dale Berglund
CHIEF OFFICIAL: Christian Royer
KATA CHIEF JUDGE: Gerald Poirier

kata@judosask.ca
judoroyer@gmail.com
geraldpoirier2311@gmail.com

ELIGIBILITY: Members in good standing with Judo Saskatchewan/Judo Canada or an organization recognized by the IJF.

KATA & DIVISIONS

Senior (2011 & earlier)	U21 (2006-2011)	U18 (2009 –2011)	U16 (2011-2014)
Nage-no-Kata	Nage-no-kata	Nage-no-Kata	Nage-no-Kata
Katame-no-Kata	Katame-no-Kata	Katame-no-Kata	Nage-no-Kata (3 sets)
Ju-no-Kata	Ju-no-Kata	Ju-no-Kata	Ju-no-Kata
Kime-no-Kata	Kime-no-Kata	Kime-no-Kata	Kodokan Goshin-Jutsu
Kodokan Goshin-Jutsu	Kodokan Goshin-Jutsu	Kodokan Goshin-Jutsu	Katame-no-Kata

- Senior division, minimum rank brown belt for Tori and blue belt for Uke.
- U21 division, minimum rank green belt for Tori and orange for Uke
- U18 division minimum rank green belt for Tori and orange for Uke.
- U16 division, minimum rank orange belt for Tori and yellow Uke.

NOTES: *The age division will be determined by both partners.*

A maximum of two (2) different katas per age division as Tori and/or Uke.

A competitor may only participate once in the same Kata either as Tori or Uke in each age division.



COST:	For the tournament: • 50 \$ CND per participant for one (1) or two (2) katas. • 90 \$ CND per participant for three (3) or four (4) katas. • There will be no reimbursement unless the tournament is cancelled.
REGISTRATION:	Registration closes: Friday, January 10, 2025
COMPETITOR:	<i>Both Uke and Tori must register and pay separately.</i> https://registration.judocanada.org/event/2026WCOKC
KATA JUDGE:	<i>All judges are asked to register.</i> https://registration.judocanada.org/event/2026WCKCKataJudgeRegistration
TOURNAMENT:	Saturday Morning: (warm up at 7:00) Competition starts at 8:00 sharp. Note: the order of kata will be announced at 7:00 AM.
RULES AND REGULATIONS:	The tournament will follow Judo Canada and the 2025 IJF rules and regulations in judging this tournament. Judo Canada judogis rules must be followed. Female participants must wear a white t-Shirt with short sleeves and a round collar (no v-necks) under their judogi. The shirt must be long enough to tuck into the judogi pants. The judogi must be white. No judogi of any other colour will be accepted. No musical katas are accepted. There are no gender divisions in the tournament. All female, all male and mixed teams are accepted.
SURFACES:	There are two (2) surfaces of competition of eight (8) meters by eight (8) meters with a four (4) meter safety between them. A white strip of tape, 50 cm long, will be fixed at six (6) meters at the center of the competition area to indicate the starting positions for Tori and Uke. There will also be a tape indicating the center of the competition area.
INJURIES:	If Tori and Uke are not able to continue for reasons of an injury, sickness, or an accident during the execution of the kata, the pair will be eliminated from the tournament. In case of Minor injury like bloody wound, broken nail or a problem with contact lenses, according to the decision of the judges, the Kata execution will be stopped, and the athlete will be assisted by a Sport Therapist out of the competition area. The competition will continue, and the pair will repeat entirely the Kata soon after the last called pair. In case a new Minor injury happens to the same athlete during the second execution of Kata, the pair will be considered out of competition. In the case that a Minor injury happens after a forgotten technique or a major mistake, the pair will be considered out of competition.
AWARDS:	As per the Judo Canada Sanctioning Policy and Tournament Standards

SCHEDULE:

	Friday January 23	Venue
9:00AM – 4:00 PM	Kata Clinic	Regina Y Judo Club
6:00 – 8:00 PM	Kata Judges Meeting	Host Hotel
	Saturday January 25	
7:00 AM	Kata warm-up	Regina Sportsplex
7:00 AM	Order of presentations announced	
7:30 AM	Kata Judges Meeting	
8:00AM	Kata Competition starts	

ACCOMMODATION:

The Atlas Hotel
 4177 Albert Street, Regina
 Phone: 306-586-3443
 Email: guestambassador@atlashotel.com
www.atlashotel.com

Rate: \$159.95/night plus taxes (2 queen beds) or \$149.95 (King bed)

Rates will be available Jan 22, 23 and 24, 2026

Hot breakfast included

Block Code: 012226SOJ – deadline to book is *December 26, 2025*

Block of 10 rooms reserved for Thursday, January 22, 2026

Block of 50 rooms reserved for Friday, January 23 & Saturday, January 24, 2026



Royal Hotel Regina, Trademark Collection by Wyndham
 4025 Albert Street, Regina
 Phone: 306-586-6755
 Email: reservations.rhr@royalhotelgroup.ca
<http://www.royalhotelregina.ca>

Rate: \$135/night plus taxes (2 queen beds)

Rates will be available Jan 22, 23 and 24, 2026

Hot/cold complimentary breakfast buffet daily

Ample complimentary parking, including bus parking

Block Code: 012226JUD – deadline to book is *December 22, 2025*

Block of 10 rooms reserved for Thursday, January 22, 2026

Block of 50 rooms reserved for Friday, January 23 & Saturday, January 24, 2026